

Open day 2 July 2024

There has been a lot of collaboration with biological dentists in recent years and the practice manager requested us to give a presentation.

We were already planning an Open Day for dental students and we thought it would be an opportunity to also open these work consultations to the team of biological dentists.

We basically worked like every day. The first patient was someone who had the entire dentition treated for the third session of the 3-year plan. And the dentists watched with interest.

The next case was a defective composite filling in molar 3.7. After sufficient ozone, this was repaired with PDR Bulk Flow composite containing tiny ceramic particles that are bound by monomers.

Primer and bonding were added separately. A Garrison NiTin matrix shield was placed.

The third case was a gold onlay with a chipped molar cusp at 3.7 mesial buccal. Because composition does not adhere to metal, glass ionomer GC Equia Forte HT Fill was used here. This is self-adhesive without etching. After 60s of light exposure and 5 minutes of chemical curing, it was modeled and a finish applied for abrasion resistance. Color A2 which looks a bit light but will tint a bit darker.

Afterwards there was a slow cooker buffet with A2 beef from Lakenvelder, beef tenderloin tips with vegetables, new crop potatoes from Tholen, A2 raw-milk Jersey butter and creamy barley porridge.

As an example of aftercare nutritional support. Caries is essentially nutritionally related.

It was an animated afternoon with 10 visitors. The dentists were surprised and impressed that we dared to place fillings without drilling.

The patients were also interviewed by the guests. One of the patients had avoided dentists for a long time and that caused some discussion.